



500 Jams and Preserves

By Clippy McKenna

Apple Press. Hardback. Book Condition: new. BRAND NEW, 500 Jams and Preserves, Clippy McKenna, Jam and Preserves are well documented in our histories. The first known book of recipes, "Of Culinary Matters", written by the Roman gastronome Marcus Gavius Apicius in the first century, includes recipes for preserves and Henry VIII was known to have a very sweet tooth; his favourite preserve was candied fruits. Preserving is part of our culture and is a perfect way to enjoy the season's fruit and vegetable bounty all-year-round. Using the four preserving techniques shown in this book, you too can enjoy the fruits of your labour! 500 Jam & Preserves is designed to uncover the secrets behind traditional and natural preserving techniques using sugar, vinegar, oil & alcohol. You too can learn how to perfect heavenly chutney's, crystal clear jellies, silky jams, tongue tingling pickles and melt-in-the-mouth curds. The 500 series will provide you with the skills and confidence to make your own preserves at home. This includes jams, jellies, fruity curds, fruit cheeses, relishes, pickles, chutneys, cordials, fruit liqueurs, sauces, ketchups, oil-based preserves and a variety of condiments. Jam & preserves are here for everybody to enjoy. They make great gifts...



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